



AFC Sudbury Academy

Official Match Day Programme 2018/19



Saturday September 15th 2018

AFC Sudbury Academy

Double Header: Both 3pm KO

Game 1 ESBL Vs Harwich Rangers

Game 2 TND1 Vs Diss Town FC

Welcome to AFC Sudbury

We would like to welcome the players, officials, and supporters of both **Harwich Rangers FC & Diss Town FC** to the Kings Marsh Stadium, the home of the AFC Sudbury Academy.

We hope you enjoy our hospitality and have a safe journey home. Players , officials & Supporters please feel free to use our Kitchen and Bar Area in the main stadium for all your refreshment needs.



This double header Saturday comprises of our two first home league matches of the season in what we hope will be another memorable year for the AFC Sudbury Academy. This 2018.19 season is our forth year of operation and all the staff our determined as ever to replicate the previous years individual and team successes.

AFC Sudbury Supporters and volunteers are among the best in Football and we thank you in advance for your continued support you give all our young players.



Danny Laws
Academy Director

Danny has over 20 years of experience in youth development and a track record of nurturing young footballers through to first team level and beyond that is second to none in the region. The pioneer of the West Suffolk College and Needham Market FC football Academies, he is now at the forefront of Sudbury's Academy. He is a holder of the UEFA Advanced Coaching Licence.



Craig Power, Coach / Head of Academy Recruitment.
Previously part of Melford and Sudbury's youth setups, Craig has worked on a UEFA B Coaching Licence and already holds the FA youth award. He has a wealth of experience for a younger coach, having run youth and school boy teams for a number of years. He has an excellent manner with the young players and is a very popular member of staff.



Gavin Peters, Coach / Head of Academy Sponsorship
Joining in 2016, Gavin is an FA level 3 Qualified coach and works as a full time P.E Instructor. He's been a successful official at Hadleigh United and Woodbridge Town F.C, and won the Suffolk F.A 'Outstanding Contribution to Community Youth Football' award in the 2014/2015 season.



Mike Ford, Head Of Academy Rehabilitation / Kit Manager
Fordy has many years' experience covering various roles in football, including manager, assistant manager, injury therapist and at full time professional clubs scouting youth talent and 1st team opposition . Prior to re-joining AFC, he was youth development manager at Halstead Town. He currently works for the academy team, and has completed numerous sports injury courses.



David Cannon, Coach / Head of Education and Compliance
Dave is a qualified teacher for 15 years, and is the head coach of the Reserves. He has a proven track record of spotting and recruiting talent as well as the organisation skills needed for running a development team. He holds the FA Level 3 Coaching award as well as the youth module 1.



Paul Appleby, Educational Consultant
Paul is a Qualified teacher who has over 20 years experience of delivering and assessing BTEC Sports Qualifications. He supports the staff on the education element of the programme with the delivery and assessment of all the units. Paul also runs the AFC Sudbury Apprenticeship programme with sports organisations throughout Suffolk and Essex.



Brian Swift, Sports Therapist
Joined as the club's Head Sports Injury Therapist at the start of the 2014/15 season. A well-respected man in medical terms throughout Suffolk and Essex and has considerable experience of coaching and managing. He had thirteen seasons with the Colchester United Centre of Excellence, also ten seasons at the Colne Football Academy. He is currently a FA Medical Tutor

Harwich Rangers FC: Players

Callum Boyne

Harry Bradley

Paul Chatterton

Daniel Clarke

Lewis Cook

Paul Coombs

Dale Cuthertson

Ricky Davis

Leroy Eade

Jay-Louis Eggerichs

Tony Ellis

Shane Flynn

Lewis Freeman

Taylor Garwood

Mcaulay Girling

Tom Goldsmith

Andrew Hammett

Daryl Hinks

Chris Johnson

Kieran Lammass

Stephen Machin

Robert Marven

Cameron Matthews

Nicholas Millen

Andrew Munson

Tyler Powell

Darren Roots

Azeez Salilu

James Sayer

Josh Taylor

James Attwood

Ryan Beeston

Paul Betson

Ricky Cornish

Jordan Dye

Gavin Flurrie

William Goulding

Jake Hayhoe

Steven Holder

Charlie Lambe

Samuel Last

Ryan Lau

Virgilio Leitao

Franco Mallardo

HARRISON MOORE

Nuno Nogueira

Aaron Noller

Haydon Pain

Stacey Payne

Ashley Rankin

Jacob Ready

Lewis Riches

Jack Stone

Stephen Vincent

Reece White

Welcome to former AFC Sudbury Players and Coaches in **bold** from today's Diss Town Team;

Below the top five AFC Sudbury Appearance makers includes club legend Paul Betson who will don the tangerine shirt against us today

1 Sam Clarke 387

2 Paul Betson 376

3 Andy Claydon 360

4 Chris Tracey 341

5 David Head 326

Another former Sudbury man is Ricky Cornish not only a long serving player for the club Ricky recently was coach of a lot of the opposition he will face today

Reece White a former Suffolk U18 Midweek Cup Champion who was with the Academy for two seasons..

Previous Games: Match Reports

ESBL - AFC Sudbury 'A' 2-4 Ramsey & Mistley

Starting XI:- Edwards. Mills. Langridge Hughes Critchley
O'Malley
Renwick. Osbourne
S.Girling
Mayhew. Kabangu

Subs:- Sargent
- Lucraft
- E.Girling

A learning curve for all those involved.

The AFC Sudbury 'A' team had been working on a rotating midfield diamond on the morning of the fixture and when things looked positive in training, it might have been expected that the same would occur in the game. This wouldn't be the case as, despite a fairly positive start after an Ethan Mayhew header at the back post, wonderfully assisted by Joe Osbourne, good habits seemed to be abandoned. When the teams opponents responded with an equaliser not too long after, it was highlighted that the rehearsals were not being put into practise effectively enough.

Half time came and with work still to be done on the midfield diamond, it was decided by Craig Power and Dave Cannon that a familiar 4-3-3 would be a better option.

Despite this familiarity, the quality of the team performance declined significantly. Rushed, panicked and forced, general play did not match the standards reached in training earlier in the day. This lack of composure soon saw the team find themselves 1-4 down! However, there were still some very positive signs as after a poor 20 minute spell, you can argue that encouraging signs began to surface from all players.

The improvements payed off after the young team pulled a goal back, after a 25 yard strike from Sam Girling hit the underside of the bar, before finding itself bounce over the goal line (with GK's much appreciated assistance). With their tails up, the Sudbury team pushed for more and if it wasn't for a very organised opposition in Ramsey & Mistley, I'm sure the team could have found a way to claw back the deficit.

This wouldn't be the case, as the final whistle blew at 2-4 to Ramsey & Mistley. Although the game can be viewed as a frustration, there were some extremely positive and encouraging signs for all those involved. Signs that should be taken forward, improved and utilised in future matches.

A learning curve!

Report By : Sam Girling

Previous Games: Match Reports

TNU18 Vs Holland FC Home

AFC Sudbury 4-3 Holland FC

After an afternoon of heavy rain, the young Sudbury side welcomed Holland under 18s to the very slippery 3G pitch

The game started off slow with lots of mistakes due to the slipperiness of the pitch. Further on into the game and both teams look eager to score first it was Sudbury that was able to capitalise first with a short corner taken quick, zipped past the defender and slotted past the right side of the keeper. This made the Holland side hungry for a goal and started to press Sudbury further up the field, with the press going against sudbury this forced mistakes at the back which resulted in Sudbury given away a cheap penalty to level up the game, with half time coming up the Sudbury side try to find there rhythm and start to attack the Holland defence Sudbury were able to take the lead again with a stunning strike from outside the box over the keeper however Sudbury weren't able to hold there lead for long when a costly mistake in the defence sent there number 9 through onto goal and only just able to find the back of the net taking both teams to half time at 2-2

Both teams come out roaring to get the next goal and pushing players on, this became a struggle to handle for the Sudbury side as Holland cane charging at them and was able to get their third goal with a through ball and the striker being one-on-one with the keeper putting Holland in front for the first time in the game. With Sudbury being down by one goal the whole team burst into a new gear and started to attack with force, squeezing the Holland team back to there goal unable to get out of their own box. Chance after chance went by and finally sudbury were able to level the game when a cross was whipped in and firmly placed in the back of the net, however the press didn't stop there, the Sudbury side were determined to punish the Holland side and kept pushing for a fourth goal and eventually with a bit of luck the Sudbury side were able to clinch onto a fourth goal with the game ending 4-3 to afc Sudbury and the boys winning 3 from 3 in the season

Match report By: Ben whiteman

AFC Sudbury Academy Honours

2015/2016:

Thurlow Nunn U18 South Division Champions

Thurlow Nunn U18 League Championship Finalists

Suffolk FA U18 Midweek Cup Champions

2016/2017:

Thurlow Nunn U18 South Division Champions

Thurlow Nunn U18 League Championship Winners

Thurlow Nunn U18 League Cup Champions

Suffolk FA U18 Midweek Cup Champions

2017/2018:

Thurlow Nunn U18 South Division Champions

Thurlow Nunn U18 League Championship Winners

Thurlow Nunn U18 League Cup Finalists

Suffolk FA U18 Midweek Cup Champions

ECFA U19 Invitational League Winners

SouthWest Soccer Club - Summer Classic U19 Champions.

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Player sponsorships are available for **£40 per season**



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 Norwich North: **01603 480 670**
 Norwich South: **01603 203 040**
 Wisbech: **01945 428 620**

AFC Sudbury Academy

The AFC Sudbury Academy has grown from strength to strength since its inception in 2015. We are all very proud of all our individual and collective achievements to date. The environment that our staff create for our young players to develop is certainly unrivalled locally outside the professional game. AFC Sudbury benefits from a state of the art facility however it also benefits from a pool of staff that carefully plan and deliver high quality to its ever growing player base.

The 16-19 Full-Time academy is the flagship operation in the player development pathway that rests in-between our hugely successful Eastern Junior Alliance section and our senior first team. The full-time programme is for the two years that follow high school leaving age, we combine academic study with professional football coaching and a high level games schedule. These two years are highly intensive and are the power behind the success of our player development.

We value highly our 13-16 Eastern Junior Alliance section that has seen players progress into the full-time academy and indeed onto the AFC Sudbury first team as well as professional football clubs academies. The partnership with Ipswich Town Football club mutually benefits this section.

We want to make the experience for all our players as enjoyable and rewarding as possible and certainly one of the highlights is our overseas tours the full time academy have toured the USA three times and plans are already in place for the 2019 USA Tour. The Eastern Junior Alliance have toured Europe and again plans are already in place for two of the teams to tour Europe 2019 These experiences are all part of the process of developing the whole person and creating enjoyable memories for later in life.

<http://felixstowefootball.co.uk/>



AFC SUDBURY ACADEMY Squad 2018.19

Player	No	Player	No	Player	No
A.Horne	1	Panashe	20	J Osbourn	39
S.Cornish	2	A.Erediauwa	21	M Sargent	40
L.Berkane	3	G.Tatum	22	E.King	41
R.Pawinda	4	A King	23	E Mayhew	42
J.Grimwood	5	K.Lucraft	24	S Wright	54
T.Gardiner	6	J Renwick	25	E.Mills	44
B.Sayer	7	R Crane	26	J.Hughes	45
I.Skubich	8		27	R.Kabangu	46
B.Altintop	9	C.McCarthy	28	M.Edwards	47
B.Hammett	10	H Critchley	29	M.Wooldridge	14
J.Buckles	11	L.Bennett	30		49
O.Gravett	12	S Girling	31		50
<u>B.Whitemen</u>	13	F King	32		51
L.Denton	14	R.Langridge	33		52
T.Maycock	15	E Girling	34		53
A.Hanson	16	D Hunt	35		43
N.Read	17	J Horlock	36		55
M.Walker	18	L O Malley	37		56
J.Skillcorn	19	J Tysoe	38		57